

STATE OF OHIO
Executive Department

OFFICE OF THE GOVERNOR

Columbus

RESOLUTION

WHEREAS, stroke is the fourth leading cause of death and the first leading cause of adult disability in Ohio; and

WHEREAS, stroke is a medical emergency that can kill up to 1.9 million brain cells per minute; and

WHEREAS, it is important to call 9-1-1 immediately at the first warning sign of stroke for emergency medical treatment that can limit brain damage and limit disabilities due to stroke; and

WHEREAS, as many as one in three adults do not know any warning signs of stroke; and

WHEREAS, the warning signs of stroke can be one or more of the following: sudden numbness or weakness in the face, arm or leg, especially on one side of the body; sudden confusion or trouble understanding; sudden trouble seeing in one or both eyes; sudden dizziness, loss of balance, coordination or trouble walking; or sudden severe headache with no known cause; and

WHEREAS, Ohioans can reduce our risk of stroke by managing the following risk factors: high blood pressure, high cholesterol, diabetes, smoking, obesity and physical inactivity.

NOW, THEREFORE, We, John R. Kasich and Mary Taylor, Governor and Lieutenant Governor of the State of Ohio, do hereby recognize May 2015 as

STROKE AWARENESS MONTH

throughout Ohio and encourage all Ohioans to reduce or control their risk factors for stroke, learn the warning signs of stroke and call 9-1-1 immediately at the first warning sign so that we can further reduce the devastating effects of stroke on Ohioans.

On this 1st day of May 2015;

John R. Kasich
Governor

Mary Taylor
Lieutenant Governor

