



## Earn Free CEUs

The Ohio Safety Congress & Expo, sponsored by the Ohio Bureau of Workers' Compensation and in partnership with The Ohio State University's Center for EMS, is offering dedicated programming for EMS first responders and nurses March 31 to April 2 at the Greater Columbus Convention Center. Participants may earn 3 to 5 EMS or nursing continuing education units each day. The OSU's Center for EMS will provide certificates at the conclusion of each session.

**For more information and free registration visit [ohiobwc.com](http://ohiobwc.com) or call 1-800-OHIOWBC.**

### **1:30 to 2:30 p.m. — Tuesday, March 31**

#### **ABCs of landing zone safety**

This session will provide a comprehensive understanding of the dangers associated with landing a helicopter at the scene of an emergency.

### **2:45 to 3:45 p.m. — Tuesday, March 31**

#### **When you can't be heard, be seen!**

High visibility vests are essential for personnel performing work on or near roadways. ANSI/ISEA 207-2006 High Visibility Public Safety Vests outlines important features for vests worn by police officers, firefighters, emergency medical services and other public safety personnel.

### **4 to 5 p.m. — Tuesday, March 31**

#### **Patient lifting and movement**

This session will focus on proper patient lifting and movement to avoid injury. Caregivers or emergency responders can use these techniques to avoid serious, potentially career-ending injuries.

### **9:15 to 10:15 a.m. — Wednesday, April 1**

#### **Shocking case studies from the trauma center**

This session will provide a look at interesting trauma cases handled at Miami Valley Hospital's trauma center. Actual cases will illustrate how the treatment provided to patients in shock, both pre-hospital and in the emergency room, can result in various outcomes.

### **10:30 to 11:30 a.m. — Wednesday, April 1**

#### **ABCs of AEDs — connecting your first-aid program with local EMS**

The presenter will point out differences between many existing programs and a highly functional program. Success begins with building a response team with the right people and integrating local emergency medical personnel into your program.

### **1:30 to 2:30 p.m. — Wednesday, April 1**

#### **Burns in the workplace — everything from coffee to tar to electrocution**

Regardless of the type of work performed, virtually every worker is exposed to the potential of a severe burn. By identifying some of the most common workplace injuries from burns, you can better prevent those injuries.

### **2:45 to 3:45 p.m. and 4 to 5 p.m. — Wednesday, April 1**

#### **Old McDonald had a farm, and on that farm he had ... an emergency! Parts one and two**

The presenter will review agricultural injuries that will enable emergency medical services and first responders to identify the various sources of injuries. This content may not be suitable for a young audience.

### **8 to 9 a.m. — Thursday, April 2**

#### **Environmental emergency prevention and response**

This presentation will cover the basics of environmental emergencies from cold to hot temperature extremes. First responders and EMS personnel will learn to prevent these emergencies from happening in the field. They will also learn how to treat someone who is experiencing an environmental emergency.

### **9:15 to 10:15 a.m. — Thursday, April 2**

#### **Enjoying the good, coping with the bad**

Working in the field of public safety is challenging and invigorating. This workshop will explore managing critical incident stress (CIS) — the unexpected, catastrophic calls that overwhelm the coping mechanisms of normal personnel having normal responses to abnormal situations.

### **10:30 to 11:30 a.m. — Thursday, April 2**

#### **I have your back. Who has mine?**

This session will focus on proper ways to manage your back to avoid injury. Discover preventative measures you can take to avoid this very common injury among first responders, EMS or personnel who lift at work.

