

Sida lagu garto

AQOONSIGA BEENTA AH

● Fiiri Aqoonsiga (Teesarada)

- Weydiiso in Aqoonsiga laga saaro galka haya
- U fiirso daabaca ku qoran hore iyo dambeba
- U fiirso midabyada aan caadiga ahayn
- U fiirso macluumaadka la beddelay
- U fiirso korarka dushoodu ayna sinayn ama qallafka ah
- Isticmaal hagaha arrimaha Aqoonsiga lala kaashado

● Isku aaddii sawirka iyo sifeynta macmiilka

● Weydii su'aalo macmiilka

- Adigu bisheed dhalatay?
- Waa maxay cinwaankaagu?
- Waa maxay Sib Koodhkaagu?

● U fiirso ereyada leh higgsaadda qaldan

● U fiirso hologram-ka

- Hologram-yadu waxay ku saabsan yihiin dowladda gobolka
- Waligaa ha aqbalin kuwa dhahaya "valid," "secure," iwm.

● Ha aqbalin nooca kasta oo aqoonsi oo dhacay

Ilaa Maarj 1, 2002, Ohio ayaa soo saarta liisannada waditaanka iyo kaararka aqoonsiga oo sawir Toosan (VERTICAL) leh, kuwaas oo la siiyo dhalinta 21 sano ka hooseeya. Liisannada ayaa waliba leh taariikhda, oo lagu daabaco midab guduud ah marka qofku noqdo 18 iyo 21.



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Columbus, OH 43215-2537
614-466-3445



Ohio Department of Health
246 N. High St. 8th Floor
P.O. Box 118
Columbus, OH 43216-0118
614-466-3543

Si aad uga warbixiso ka iibin
tobaako iyo wixii la midka ah,
fadlan u wac 1-877-4-MINORS



OHIO DEPARTMENT
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Arrimo Sifeynta

ku saabsan Sharciyada Tobaakada

Waxaad uga baahan
tahay inaad ka ogaato

Ilaalinta

Naftaada iyo

dhallinteenaba.

Sida loogu

Hoggaansamo Sharicyada Ohio

ee tobaakada:

- **Weydii qofka in u aqoonsiga ku tuso**
 - Aqoonsi la'aan waa –iibin la'aan, arrintu intaas ayey ku dhantahay!
- **U fiirso taariikhda Dhalashada**
 - Haddii u ka yar yahay ka hor 18 sano laga bilaabo taariikhda maanta – HA KA IIBIN!
 - Isticmaal kaalendaryo ama qalabyada wax iskaan-gareeya ee kaash rejistarka inay kaa caawiso xisaabinta da'da.
- **Hubi in Aqoonsigu sharci yahay**
 - Sawirka iyo qofka macmiilka ahi ma isku dhigmaan?
 - U fiirso dhererka, culeyska, midabka indhaha iyo da'da.
 - Hubi inuun wakhtigu ka dhicin Aqoonsigu.
 - Aqoonsiga miyaa la beddelay ama farafareeyey?

- **Calaamad dhaji**
 - Sharciga hadda jira ayaa u baahan in lagu dhajiyo meel la wada arki karo oo tilmaameysa in ka iibinta, u qaybinta ama siinta tobaakada iyo wixii laga sameeyo dadka da'da yari mamnuuc ka tahay sharciga.
- **Ilaali mashiinnada sigaarka lagu iibiyo**
 - Mashiinku waa in yaallaa meel la wadi arki karo oo u kontaroolo meheradda qofka lahi ama shaqaaluhu.
 - Mashiinka waa inayna dadweynuhu marin u helin marka meheraddu xiran tahay.
- **U diid iibinta haddii ay qalad kula noqoto**
 - U tilmaan calaamadda dhajisan.
 - U sheeg macmiilka inay ka baxsan tahay sharciga in laga iibiyo tobaakada iyo wixii laga sameeyo dadka da'da yar.
 - Haddii u macmiilku ku adkeysto inuu isagu/iyadu yahay da'da loo baahan yahay ama isku dayo in uu ku qanciyo adiga, u sheeg in aqoonsi sharciyeynaya oo caadaynaya da'da loo baahan yahay.
 - Shaqadaada ayaa kaaga muhiimsan wax-iibinta.

Haddii aad ka iibiso tobaakada iyo waxa laga sameeyo qof ka yar dad'da 18:

- Dembiga ugu horreeya ayaa wata ugu badnaan ganaax ah 30 maalmood oo xabsi ah iyo/ama \$250 oo ganaax ah.
- Dembiyada badan, ayaa kanaaxu u kordhayaan 60 maalmood oo xabsi ah iyo/ama \$500 oo ganaax ah.



Sharciga Ohio ayaa ka mamnuucaya in u qof da'da yari:

- ku camal-falo
- haysto
- iibsado
- isticmaalo
- dalbado
- la wadaago qiimaha
- ama aqbalo tobaakada iyo wixii laga sameeyo haddii waalid, mas'uul sharci ah ama qof qaangaar ah oo ay wada jiraan la socdaan mooyee

Marka u qofka da'da yari ka tirsan yahay shaqaalaha WAA loo oggol yahay inay faraha ku qaadaan tobaakada iyo wixii laga sameeyo marka sida caadiga ah hawsha loo gudanayo.

Tobaakada iyo wixii laga sameeyo waxa ka mid ah: sigareetiga, tobaakada la calaliyo, buuriga la ursado, sigaarka, sigaarka sanduuqa yar ku jira iyo tobaakada kala daadsan. Ogsoonow in ka iibinta waraaqaha lagu duubto sigaarka iwm. ay yihiin sharci-darro marka qofku ka hooseeyo da'da 18.