Ohio BRC Riding Demonstrations

Below are the Ohio preferred procedures for riding demonstrations in the BRC. Additional paths-of-travel or repeat demonstrations may be ridden based on the needs of the students.

The Instructor reading the cards shall read and synchronize the evaluation points to the demo ride and should **NOT** be giving signals (e.g., stop, swerve direction) to the Instructor riding the demo.

The Instructor riding the demo needs to distinctly separate parts of the technique for the exercise, and the demo should be ridden at "novice" speeds (a lot slower than you might think!!). All demos for Level 1 range should start with both feet down, showing a distinct power walk before putting feet on pegs (i.e., approximately 5 steps for early exercises [1-6] and 3 steps for later exercises [7 -9]).

Ex#	Basic Demonstration Rides Level 1 Range	Distinct Parts to Show
2	Demo posture; show rocking; power walk to far side; neutral & turn; ride to near side.	Friction zone use (multiple ease/squeeze) to speed up & slow during Part 2.
3	Ride cone-to-cone for at least two cones on one side. Power walk to other side, changing lanes. Ride Part 2 on that side; return m/c to original position.	Show distinct power walking (approx. 5 steps) each time before riding. *(Note: students should be near center of range to closely observe friction zone.)*
4	Ride to and demo clutch control lanes (3-4 seconds per CCL), and stop at start cones for near side. Ride shift and stop on near side, then CCLs to far side. Ride far side shift and stop, CCLs, and stop at start cones for near side. Ride to "T" in staging area. Return m/c to original position.	During stops – squeeze clutch, downshift. *After* the downshift, apply both brakes. Foot should not go down until *just* before stop. Contact patch of front tire should be between cones when the m/c is stopped, and m/c should be closer to the outside cone. Show distinct use of clutch (multiple squeeze/ease) through CCLs.
5	Ride 1-1/2 laps (far side, near side, far side) on perimeter showing slow with both brakes at the end of the long side of the perimeter; ride one lap (near side, far side) showing weave with slow before the turn, stage.	Slow with both brakes *before* corner on both perimeter weave AND cone weave. Be off brakes before starting press to go around end of range.
6	Ride to and demo the pause-n-go and clutch control lane (6-8 seconds for CCL); weave on near side; return up center PNG and CCL; weave on far side; return up center PNG and CCL, then stage.	Show distinct use of clutch (multiple squeeze/ease) through CCL.
7	Demo 2 laps to left and return to stage.	Slow by using both brakes about mid-way between arcs. Show transition from brake to throttle by releasing brake and putting four fingers around throttle and waiting for maybe a second before starting the roll (and head turn) just prior to the cue cone. Continue a gradual roll until you slow mid-way between arcs for the next curve.
8	Demo sweeping u-turn and ride two laps showing shifting; return to stage.	Starting u-turn is to the left, just inside the triple cones. Downshift at the double cones, showing distinct ease after the shift. Ease should be completed before going around the corner.

Ex#	Basic Demonstration Rides Level 1 Range	Distinct Parts to Show
9	Ride up center of range, stopping at start cones for near side; ride near side quick stop; do PNGs while crossing to far side; ride far side quick stop; do PNGs while crossing to near side; ride Part 2, stopping well before any cones; stage. *Instructor reading the cards should *not* provide signal to the riding instructor during demo.*	First stop (near side) should be good, but not great, stop. Stop on far side should be good quick stop. Braking should occur first, then downshift and foot down just before coming to a complete stop.

Ex#	Basic Demonstration Rides Level 2 Range	Distinct Parts to Show
10	Ride near side box, s-curve, and perimeter turn; Ride far side box, s-curve, and perimeter turn to near side start. Return to stage unless asked to demo near side again.	Show handlebar turn, good head turn, lean the m/c in.
11	Ride from start cones, through jog, head nod, weave. Continue through start cones to ride jog again (and head nod) and stage.	Press starts just past "s-turn" start cones, hold across range; good press to straighten though exit gate. Weave goes around the "offset" cone positions.
12	Start on near side. Ride closer (small) gate, including downshift; ride farther gate; return to stage.	Braking (and downshift) should be completed prior to the single cue cone. Transition from brakes to throttle between single & double cue cones; start roll at the double cue cones.
13	Ride left-hand cornering; ride right-hand cornering; return to start.	Slow about mid-range. Show transition from brake to throttle, and set up to the outside. Start roll at the 20' cones, show outside-inside-outside path of travel. Stop rolling after the last 20' cue cones; downshift and stop at stop cones.
14	Ride right curve; cross to other line; ride left curve; return to start.	Ride at least halfway through curve with lean before showing a distinct straighten, short straight-line travel (3-4 feet), then transition to brakes and show good quick stop.
15	Ride 1-1/2 laps crossing over obstacles (far side, near side, far side) and stop at start cones for near side lane change. Ride lane change to left; stop; weave; ride lane change to right; stop; weave; return to start.	Show early stand up, distinct roll-on and roll-off.
16	Ride swerve left; stop; weave; ride swerve right; stop; weave. Ride Part 2 quick stop; ride through box (over obstacle); stop; weave; return to start. *Instructor reading the cards should *not* provide signals to the riding instructor during demo.*	The stop for Part 2 should be before the 15' cue cones.
17	*Not recommended unless needed by the class.* Ride center quick stop; turn right and ride side quick stop. Ride center quick stop; turn left and ride u-turn box and swerve. Return to start.	