

## **MORE BRS Instructor / Candidate Pre-Course Assignment**

1. In the Rider's Guide, how many (and which) units are directly covered in the classroom? When do students go through the other units?
2. How many Ride SMART – Ride MORE Safely recommendations are in the Rider's Guide? What are those recommendations for? (How are they used?)
3. How many video clips are shown during the classroom? When are they shown? What are they?
4. What are the three types of learning activities are used in the classroom? Explain each in your own words.
5. What is the difference between an "open" question and a "closed" question?
6. How many range exercises are there? (Not including the skill test)
7. How many / what exercises are scheduled for the first range day?
8. How many / what exercises are scheduled for the second range day?
9. How many breaks are scheduled during the first range day? The second range day?
10. What is a static practice?
11. Which exercise have static practices? What are the static practices for those exercises?
12. Which exercises have a demo?
13. What exercises are reversed or have a reversal?
14. What exercises are "split"?
15. What are the three parts in Exercise 2? What should the students be demonstrating in each of the parts of Exercise 2 before moving on to the next part or the next exercise? Describe "good launch", "brisk acceleration", and "pre-shift speed" in your own words. (How would you explain those concepts to a true novice?)